

THE METAMORPHOSIS

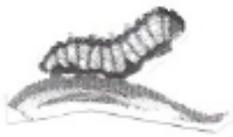
I went on an incredible journey, with an incredible couple! The journey, like the birthing of a beautiful butterfly, from its chrysalis stage to full maturity, took some time...and indeed, may still be continuing.

The following is my real-life story of the cathartic and metamorphic Feng Shui journey of Dan and Helena Sanderson (not their real names), to whom I owe so much.

~~~~~

*"I found that a distance of a thousand miles, abyss and discovery, and ... metamorphosis, separated me from the day before."* ~ Noces

## The Prologue to the Journey



My first “consultation” with Dan and Helena Sanderson was anything but formal. I did not do my typical Feng Shui “thing”. In fact, we were just talking as friends. There was no official appointment, no red envelopes being exchanged, just a lot of open heart and friendly suggestions. And little did we know that on that beautiful, sun drenched, late summer day in September of 2003 that our Feng Shui journey together had just begun! Nor could any of us have imagined then the bumps and turns that our journey would take.

It all began when my son went to play with the Sanderson’s younger son, Cash. On that fateful, September day, while standing in a very cluttered, unorganized kitchen, Helena Sanderson began telling me in very graphic detail of her frustrations. First, it was with her home, which she considered to be too small, and second, she was upset with her schedule at work, which didn’t allow her to keep her house the way she would wish to, and it was the lack of money from the two jobs she and husband were working.

The Sandersons worked hard, but on opposite shifts, so that one or the other could be home to watch the kids. Their daily routine was just that—*a daily routine*. They felt stuck, unmotivated, and in conflict with each other over how to proceed to change their circumstances. She wanted to move—he didn’t even want to think about it!

This was a great segway for me to suggest the opening up of the energy flow in their home by the cleaning and clearing of just one small area. I told Helena that I thought that if she tried to de-clutter just a *wee, little area*, she’d be amazed at the results. It would free up more energy to eventually tackle more. This was something she felt she could do. She told me she had read a book on Feng Shui, and how it talked about the need to clear the clutter. This was another segway for me, for up until that moment, she did not know that I was a practicing Feng Shui consultant.

We talked a little bit more about energy flow and I mentioned something about just taking one room and making it special. Both she and Dan wanted to start immediately with the living room, the easiest room to clean. They wanted opinions about what to do, where to move this, where to place that—any

aesthetic suggestion I could make. I made a few, pointing out some placements for some of their most beautiful items that were not being effectively displayed, and they took it from there.

A few hours after I left, they called me to tell me, that at my suggestion, they had moved the sofa, lowered a picture to raise the appearance of the ceiling, placed it over the sofa for better aesthetic enhancements, moved the lounge chair away from the door and the entry walkway, put a bureau on an angle for aesthetic interest and highlighting, rearranged the display of miscellaneous items over the fireplace, replacing them with some elegant fine china and crystal pieces, and moved a large piece of furniture that had blocked the window over to another wall.

*“The living room has been totally transformed,”* they said when they called me. They were excited. They loved the new look. They wanted more information about what to do next. It was at this point that I asked them if they would like for me to “Feng Shui” their entire house. My question was met with a resounding, “yes”!

We agreed to get back in touch within the week with times and days that worked for all of us. However, before I could set the appointment for a formal consultation, I received another phone call. Helena told me that her folks had just come to visit. She said that they usually only stay a short while, but this time they stayed for hours. She attributed this to the fact that the living room was inviting, comfortable, and flowed well. She said that she and Dan couldn’t wait for our appointment together.

*“Be the change you want to see in the world.”* ~ Mohandas Gandhi

## Background

Dan and Helena Sanderson are two very friendly, upstanding, moral people. They are hard workers, great parents, and very religious. They devote a lot of time to working, parenting, carpooling their kids from here to there, and spending time together as a family. They have no time, or presumably interest, in keeping a “clean” house. *Just not their priority.*

Their home was one big pile of clutter. Literally! It was everywhere: kitchen, dining room, piano top, computer station, hallways, bedrooms, bathrooms, closets, back yard, and probably drawers. In some cases, you literally had to walk on top of clutter to get from one area to another. Yet, amidst this clutter were two seemingly happy, joyful people. However, it was obvious that this clutter was probably symptomatic of the chaos in their lives. It had to go, but were they ready to remove it?

Dan and Helena had been married for four years at the time this story takes place. It was a second marriage for each of them that combined two families. Dan brought his two children to the marriage: a boy and a girl, and Helena brought her two children, also a boy and a girl. My son was a friend of Helena’s son, Cash.

I knew when I first met Cash that there were problems. He was sullen, withdrawn, ADD. These manifestations began upon Helena’s remarriage. When I took on their home as my project, I knew that there was probably something going on in Cash’s space (bedroom) that needed adjusting. *And so it was,* as we shall see!

“Can I just ask for an outline –”

“Doesn’t work like that. You need a leap of faith to leave your old life behind.

True metamorphosis doesn’t come with flowcharts.” ~ David Mitchell

## Weaving the Chrysalis



On November 15, 2003, the official process began. I began with my usual spiel about Feng Shui, using Masaru Emoto’s books, “*The Hidden Power of Water*” and “*The True Power of Water*” to explain about energy and its affects on our environment. I talked also to them about transcendental cures (cures relating to the spiritual or the nonphysical realm) for their ailing environment. I proceeded lightly and cautiously here, because these two were traditional Christians, without a metaphysical background, as far as I knew. However, they appeared to be very open to every thing I had to say. I think our “unofficial” beginning, with its spectacular results, was enough to convince them that maybe, just maybe, there really was something to “Feng Shui.”

I began the process by implementing changes at their front entryway. This area was a huge energy drain, being blocked by shoes, coats, umbrellas, toys, and other paraphernalia which prevented the full opening of their front door. I made some suggestions for the removal of these items to other locations within the home.

Additionally, due to a wall that is only about three feet from the doorway as you enter, I suggested a mirror to open up the space and to energetically push back the wall. They took this advice, but unfortunately, they ended up placing a very tiny mirror on this empty wall. Oh well — the intention to push back the wall was met, even if the small mirror in no way added to the aesthetics of their foyer.

I also explained about the ‘*mouth of chi*’, indicating that the flow to their front entry was important. As per many modern homes nowadays, their driveway led to the house and then you had to make a 90° angle to turn onto the porch. Since they both are gardeners and have a beautiful front yard, I suggested that they try to find a way to create a more meandering path to their home. They loved this idea, and though there were some flaws in their first attempts to create this path, it was a start. They promised to try to find ways to make this pathway more functional, as well as attractive.

The next phase of our journey was in their master bedroom. Clutter, clutter, everywhere, and practically nowhere to sleep. In addition to the clutter, there were children’s toys in their bedroom, pictures over the bed that Dan had never liked, pictures of their kids everywhere, a picture on another wall that was too tiny for the space, a TV facing the bed, tons of clothes on the floor, and a closet that was extremely cluttered, so cluttered you could hardly access it.

After the obvious advice to clear the clutter, such as moving the toys out of the room, removing the items under the bed, putting another picture over their bed, keeping the bathroom door shut at night,

and putting pictures of themselves in the bedroom—and not the kids, I suggested they create a *wealth corner* from their seashells, their model ship, and from a picture of a harbor that they had elsewhere in

the home. They implemented this idea so quickly, that I failed to take pictures of the ‘pre-wealth corner’ state. I think it was the metaphor of having their “ship come in” that they really liked, putting a fire under them to act swiftly.

Neither of them had slept very well in this room, even though it is a deep blue soothing color. There was just too much energy. The gauss meter readings I took measured 10+ in this room.

Energetically, there was an additional problem, Helena had a dresser in the bedroom that belonged to her ex-husband. *Red flag!*

I explained the energetic and metaphorical meaning of this dresser, symbolizing the failure to really let go of her former partner. She understood and agreed to get rid of the dresser, mentioning as an afterthought that only recently had she finally thrown out photo albums of her and her former spouse. There was a look of shock on her husband’s face—but little did I understand the full reason for his look of shock. They carried on a conversation about this in my presence, which obviously was somewhat uncomfortable for me. For the moment, I remained invisible.

As a caveat to the discussion, I related to them an incident with another client of mine, in which the wife had for years displayed a picture of her ex-husband on the dresser of the master bedroom that she now shared with her new husband. Not surprisingly, this other couple had marital problems. I told them that when she finally was able to part with that picture, which wasn’t immediately, mind you!, her second marriage improved.

It was then that Dan started to tear up, and actual tears rolled down his cheeks. He asked to be excused, and he was gone for sometime. When he came back, he still seemed a little vulnerable, but he told us that he had gone to the outside garbage can to throw away the photo albums from his former marriage. *There was a poignant silence!* I asked how he felt about this—and he said that it was a good decision. He was ready to move on. And so, he was.

However, we were all on the verge of tears from the emotion of the moment. It was very difficult for me to maintain a professional composure. More conversation ensued about this event, that had obviously been momentous for Dan. He said that he felt that he was really ready to get rid of them, but just needed the little shove to do so. We all sat in the living room and reflected on the meaning of the moment.

At this point, I felt it was a good time to determine the exact center of the house in order to enhance it for the sealing of the episode with the balancing and harmonizing of this new family dynamic. I also drew to their attention that those photo albums were energetically creating (or symbolizing) a threesome in their marriage. Not only were the photo albums part of this symbolic *ménage à trios*, but they also had a detached tool shed in the *relationship area* of their backyard, symbolically representing another person in the relationship. Helena promised to get a bagua mirror right away to cure this problem energetically.

There was more work to be done in their home, but we had already spent three hours together. That was enough for now! I suggested work on the kids rooms at the next appointment. I knew the tackling of those rooms would be a heavy-duty appointment, better wait for another day! I ended up being right—*about the heavy duty part*. But I'm getting ahead of myself!

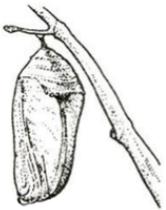
At the end of this first appointment, we talked about prayers and affirmations to support and foster their new beginning. They both wanted to create them for more money to make ends meet, a better marital relationship, and harmony in their home. We talked about the placing of these prayers underneath their mattress.

Dan called me a few days later with beautiful, if not wordy, prayers that he had written from the depths of his heart and soul. I suggested he edit them a bit and then go ahead and place them under his mattress to let the prayers begin manifesting. A few weeks later, Dan received a testimony to the power of this Feng Shui adjustment.

It was around Christmas time, when Dan and Helena arrived home from a day's outing with the kids. At their doorstep was an envelope. It contained \$500.00, an anonymous gift, signed only: To Brother and Sister Sanderson. This was money sorely needed for them to present nice Christmas gifts to their children, and to pay some pressing bills. They witnessed to me that Feng Shui had made this all possible!

*"Agonies are one of my change of garments."* ~ Walt Whitman

## Inside the Chrysalis



*In February of 2004, I called Helena to schedule a follow-up appointment. She said to me, "Oh, please come over today to take some pictures. We've just cleaned and organized. Today is a good day."*

And so I went — camera and all! I was amazed at the transformation of the main living areas.

They had cleared out so much clutter. The house looked like a normal, lived in house. They made changes based on things we had talked about before, and other changes that they thought were Feng-Shui friendly; *most were not*. At that moment, I did not tell them that they were not good changes. Besides, *intention* is everything, right?

At this picture-taking session, Helena was eager to point out that she had purchased a bagua mirror for the tool shed in the relationship area and that she had placed a red watering can there. (*I didn't quite understand the reason for the can, but I'm sure she had a Feng Shui purpose in mind.*)

The changes made in the master bedroom were phenomenal! They had moved the TV out of the bedroom into the living room. They put curtains up to cover the closet that did not have doors. They

organized the clothes in the closet. They purchased a chest of drawers that fit right into the closet, providing more space for clothes. They bought a really nice laundry container. They placed pictures of themselves as a couple on the side of the bed in the relationship corner. They put a fountain in the bedroom (*the wealth area of their home*), and they put more pictures of themselves on the shelf under the fountain. The fountain has a very pleasant, soothing sound. Dan said he now slept better in this room.

The kitchen was *a miracle!* The kitchen counters were cleaned and organized. The computer-station disorganization was gone, the refrigerator having taken its place. They had placed their microwave on a nice wooden cart and had placed pretty little kitchen, decorative items around. This kitchen was actually quite pretty. You couldn't tell that before. It was now very inviting, very friendly.

The hallway leading to the kid's rooms (which on my first appointment belonged to Dan's children) had been cleaned and organized. The blockages to walking through the hallway had disappeared. There was now a nice, clear pathway to the outside door and to the kid's rooms. And to my surprise, they had already implemented one of the changes that I had planned to talk about on this appointment.

Instead of having the bedrooms of Dan's kids in one section of the house and Helena's kids in bedrooms in the other part of the house, they moved the children so that both girls (Helena's and Dan's) had the eastern section of the house, and the boys (Helena's and Dan's) had a room in the western section, effectively blending the two families—*finally!* Hurrah! What a wonderful step towards Feng Shui-harmony for their family.

The boys had a room in an area with some problems energetically, and the Sanderson's had unfortunately also made some changes in the living room that disrupted the flow and aesthetics of the room—but all that could wait for another day. They were making progress, *lots and lots of progress.*

*"What the caterpillar calls the end the rest of the world calls a butterfly." ~ Lao Tzu*

## The Emergence



On March 13, 2004, we began another phase of our Feng Shui journey. I intuitively knew this one would be difficult, as it indeed proved to be. I explained to Dan and Helena how there are layers upon layers in Feng Shui and how we would be looking at Feng Shui in a different way today. I was planning to go deeper with them, adding astrology, Ming Gua numbers, and some element work. I also planned to tackle the issue of the extreme clutter in the children's rooms, a touchy subject, I was sure.

I eased into this appointment by re-explaining the basic Feng Shui principles. I could tell they felt this was 'old hat', and that they were thinking, *"Get on with it, alright, already!"* After all, wasn't this the couple that had explained Feng Shui to their parents and friends after working with Feng Shui principles themselves after our last appointment?

I continued anyway, explaining how when we go deeper, sometimes it opens up things in our lives that we need to be ready for. I suggested that if anything became uncomfortable to just say so and that we could explore those areas in other ways. They were eager, however, and were not dissuaded from proceeding on the journey.

I began with their living room again. They had basically, but not intentionally, undone what we had created during the last appointment. They had moved the sofa into the middle of the room, with its back to the door, and had moved their recliner back against the window. In order for us to talk (I was sitting in the recliner), they had to turn their backs to face me. It was very awkward and uncomfortable. They quickly saw that this arrangement wasn't working, not physically, nor energetically.

We moved on to the front entry, where we discussed the front door as the 'mouth of chi' and how chi likes the front door to be very inviting and welcoming, like a special guest. So they realized that they needed to make a few changes there, because they had dead plants by the entry, piles of firewood, and lots of children's toys. We also talked about their best directions, their Ming Gua numbers, and the elements. The charts in the addendum explain what I told them.

We proceeded to the children's bedrooms to take a look at the rooms in terms of the command positions and the children's best directions. Candice, the youngest daughter, had her bed in the doorway. *(On my first visit, this was not the case. I'm not sure why it got changed.)* Not only was the bed in the doorway, it was not in the right direction for her. I suggested placing it in her most favorable direction, and on an angle to create aesthetic interest.

Candice is primarily water, astrologically speaking. Her deep, sensitive soul seemed to require more order and stillness, but her room was busy, cluttered, with far too many "things". The floor on all three occasions was filled with 'stuff'. We talked about her spiritual need for stillness and order.

Rhys, who is also a very sensitive child, had a better bed placement, however her room was still quite cluttered. She had tons of toys in her rooms, but nothing to stimulate her "air", astrologically speaking. I suggested that she have some more books in her room, to appeal to her mental nature and to foster more of an interest in learning.

James and Cash's room presented a myriad of problems. Architecturally, their bedroom was one large room, created from a garage. Not only did they sleep in this area, but they also played here in a playroom created out of the space. There were two architecturally designed entries into this space, but one of them was blocked. On the second appointment, they had unblocked it, and recreated the doorway. In addition, between our first and second appointments, the Sanderson's rearranged the boy's rooms, providing space for each boy to have his own individual cubicle to sleep in.

Though the cubicles were not very private (due to the lack of real walls), it was a start. I suggested they provide walls for more of a sense of privacy by using curtains, or by the actual building of walls.

In this area, the Sanderson's also had erected a combined computer-play area for the boys. I was concerned about the computer energy (there were two), but my gauss meter did not indicate excess

energy. I still felt this was too much for a sleeping area and suggested fuzz busters.

In looking at the best directions for the boys, it was necessary to move their beds, or at least the placement of their pillows. They had each assumed a position that was not the best direction for them. I also suggested moving the entryway into James's cubicle to another side, so that he could place his head in a different direction without the bed being in the entryway.

Each of the boys had beds with drawers underneath. The beds were expensive and the drawers served a very utilitarian purpose. After ascertaining that the drawers only contained clothes, I bypassed mentioning the problem of having items under the bed. However, we did discuss the effect of clutter and disorganization on impressionable, young children growing up in their formative years, and their need for a model of organization.

During this discussion, I noticed that the Sanderson's had painted the boy's room "red". Whereas, it was a beautiful, soft shade of pinkish-red, I felt it might be problematic for two already ADD boys. Because Helena really seemed disappointed and attached to the color, I suggested that they could probably get around this by painting the actual sleeping areas a more soothing, yin color.

This appointment was difficult. Though the Sanderson's listened, this appointment did not flow as easily as had the first appointment. I felt I was hitting a lot of resistance, and was not sure whether I should continue or stop. Because they continued to ask questions about what I was saying, I answered them cautiously. When I left this appointment, I felt uneasy. It was not with the cathartic feeling of the last appointment. Something felt undone about this one, but I had given my all. I did not know at the time that we had very definitely penetrated deeper into their 'psychological space'. This appointment had hit home, *and how!*

*"We delight in the beauty of the butterfly, but rarely admit the changes it has gone through to achieve that beauty."* ~ Maya Angelou

## Metamorphosis Unveiled!



On April 12, 2004, I picked up the phone to talk to the Sanderson's. I was in the middle of documenting their journey in my files, and felt that I needed follow-up information on our last appointment. I was not looking forward to the feedback. I feared the worse, thinking that they had done nothing since our last appointment, that they may have been alienated in some way. That overall sense of uncomfortability that I had felt at the end of the last appointment returned. I hymned and hawed before placing that call. I entertained the thought of not having a follow-up. I'm glad I didn't succumb to my fears. I placed the call—*I'm so glad I did!*

Dan greeted me warmly on the phone and proceeded to thank me over and over for entering their lives in the way that I had. While admitting the difficulty of the last appointment, his synopsis was that we were dealing pretty honestly with each other, and they had felt vulnerable unveiling so much of

themselves. They also felt that it was sobering to hear about what their children needed to feel safe and protected, but they had taken the information to heart.

Dan listed all the changes he and Helena had made since our last appointment. He was so enthusiastic, and they had done so much! *I was stunned!* For weeks, I had thought that perhaps I had gone too far, penetrated too deeply. I was uncomfortable with their uncomfortability. Now Dan was explaining to me what had happened.

During our very first appointment, it was Dan who had to make the psychological changes. He had to confront his lack of resolution over his former marriage. This time, however, it was Helena's turn to confront some difficult issues. These had to do with her children. Both Helena and Dan said that the last appointment was difficult because the discussions hit upon truths they had brushed under the rug before, did not have time to look at, or were not willing to look at.

I was concerned about whether or not I had presented the information in the most effective, compassionate way possible. I asked if I should have said things differently, or what I could have done differently to have made the last appointment less uncomfortable. They both denied that I had been careless or thoughtless in my approach. Helena said, "The truth hurts.", and then she reminded me that I had explained to them how sometimes as you work on things, other issues come to the fore. She said I had adequately warned them that issues sometimes get worse before working themselves out.

After experiencing the pain, and yet the catharsis, of the first appointment, they both knew what to expect. Their resistance, they explained, came from the surprise that so much more needed to be done. Dan was "mad", he said, after the last appointment. They had worked so hard, putting their hearts into the changes. They did not expect that there was so much more to do. After finally acknowledging that problems remained to be fixed, they moved on. It was the acknowledgement that took a while.

Helena realized that it was time for her to spend more time doing things "for" her children, rather than just being "with" them. She decided to tackle the problem of the children's rooms, their disorganization and clutter. She went shopping with Cash for curtains for the boy's rooms, curtains to cover the windows, and curtains to provide make-shift walls.

She shared that just this one act of spending time trying to improve the boys' space, and having the boys see that their comfort was important to her, created a huge metamorphic change in them. James, the older boy, was the first to take ownership of his own newly created space. He cleaned it up himself—and it remained clean! Cash took a little longer to decide to do this, but finally he tackled the difficult job of creating order out of the chaos that had existed. He too kept it clean.

Helena was still working on the girls' rooms. However, the girls' beds were changed to create their best positions. They were now sleeping better, and Helena says that she had more de-cluttering to do in Candice's room, recognizing that she had far too much 'stuff'.

Dan and Helena also made other changes to their home. Dan placed a small table by the front door on

which to place some earthenware objects, a correction for Helena and her West Life family group. (*The house faces north, not their best direction.*) He moved the sofa from the center of the room, back under the picture on the wall, and he created a conversation group with the furniture. They've entertained since doing this and found the results very conversation-friendly. They've also received compliments on the very welcoming front door area, with pots of Tulips. Together, they tackled the cleaning of the back yard tool shed. And so it went!

Helena stated that she loved her house! She thought it the perfect fit for her and Dan, whereas before she wanted to move. She had always wanted a rambler in the suburbs, got it, but didn't appreciate it. She now loved the house and the space that had been created, and it no longer felt too small. She and

Dan were making their home into a retreat and haven for themselves, a little piece of paradise. They built themselves an outside sitting area on the part of their deck that was next to their master bedroom.

They planted flowers, placed flowerpots around, and bought a patio set. Helena said it felt like a resort. They played cards and talked. And it was so private. They also planned to plant shrubs and trees along the perimeter of their huge back yard.

All of these changes in the space of a few weeks. *What a metamorphosis!* And...the unexpected upshot of these energetic changes was incredible:

- 1) Cash's biological dad asked to see Cash. *This is major!* Heretofore, he resented having 'his' obligatory weekend with Cash.
- 2) Helena went to counseling to resolve her issues with 'fear'. She stated, "*I really grew this time! There was a new paradigm and I saw things with a new set of glasses.*"
- 3) Rhys's mom (Dan's former wife), who had been a problem for the new family, made a recipe holder for Helena and made some cupcakes for Cash's birthday party (he's not even her son!). She had never been this good-natured before.
- 4) Helena made two matching Easter dresses for her daughters, some how finding the time to do this, where there was never time before.

Dan's parting comments to me as we ended our phone conversation were, "*You're awesome; we appreciate you! Thanks for coming into our lives. Feng Shui is so accurate.*" Well, we knew that all along, didn't we? Well, maybe not quite!

This project, and the interaction with the Sanderson's, was the most affirming experience of the power of Feng Shui I had had to date. I didn't expect our time together to be quite so emotive—or cathartic.

Thank you, Dan and Helena Sanderson for allowing me to take this Feng Shui journey with you! It was a growing experience for me as well!

The Beginning

© 2015 Aesthetics Designer Consulting

# ADDENDUM



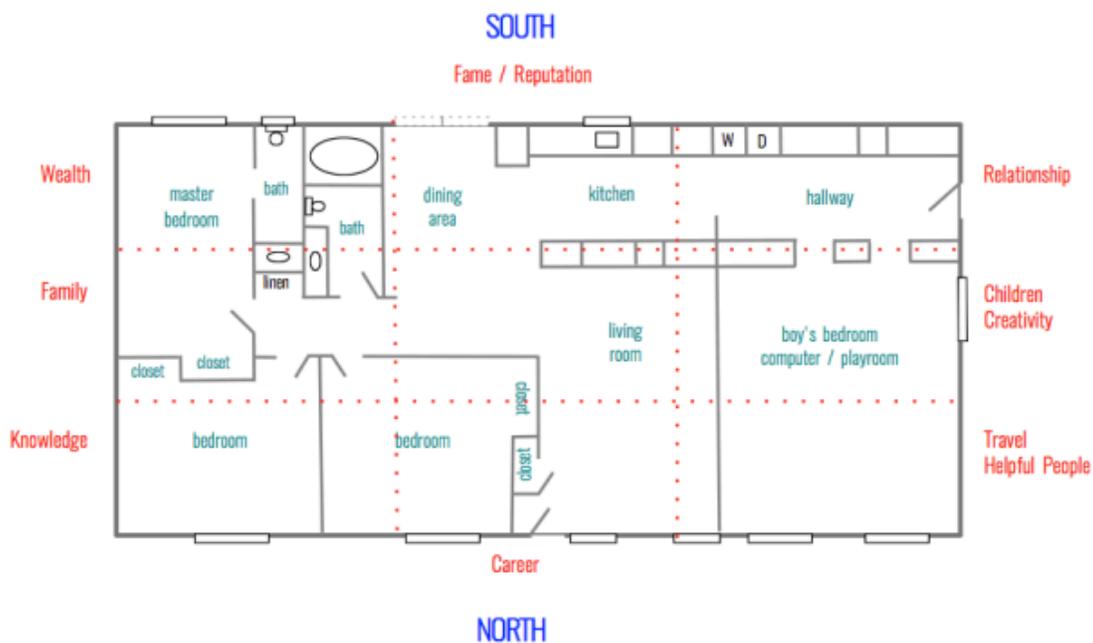
## SANDERSON FAMILY COMPARISON CHARTS

### 1) Floor Plan with FENG SHUI Bagua Superimposed

The floor plan below is divided into the 9 “guas” of the Feng Shui Bagua “map” (red lines). A BTB Feng Shui consultant explains these guas during an appointment, and their importance in terms of the flow of energy.

In this floor plan, Candice and Rhys’ bedrooms are in the knowledge and career “guas” of the home. James and Cash’s “bedrooms” were created by the placement of shelving and curtains in the creativity, children, travel and helpful people “guas.”

Over all, this floor plan has an ideal rectangular shape, with no architectural features that represent problems, other than an entry way that is far too small, as explained in my story.



© 2015 Aesthetics Designer Consulting

## 2) Family Member Ming Gua Numbers and Elements

“Ming” means life, and “Gua” means pattern or trigram. Ming Gua numbers represent one’s “element”, either fire, metal, water, wood, or earth, and are used for understanding how a space will affect a person. Ideally, a person will want a space that supports their Ming Gua number, and is compatible with it.

The Chinese strongly believe that it is best to live, sleep or work in certain directions for prosperity, health, wealth, romance, good relationships, personal growth, and overall well being.

Adjustments can be made to support those outside of their “ideal” directions. An experienced Compass School Feng Shui consultant can help determine these numbers, directions, and adjustments.

The charts below show the various direction considerations for each of the Sanderson family members. The home’s directions were not all supportive for each member of the family, and adjustments were needed in the home.

### Ming Gua Numbers West Life Group

| Name                                  | Birthdate | Sign           | #        | Good                                | Bad                               | Front Door / Bed     | Suggestions Given     |
|---------------------------------------|-----------|----------------|----------|-------------------------------------|-----------------------------------|----------------------|-----------------------|
| <b>Helena</b><br>(wife)               | 3/3/73    | Ox / Metal     | 6        | A = W<br>B = NE<br>C = SW<br>D = NW | E = SE<br>F = N<br>G = E<br>H = S | Front = N<br>Bed = E | Add Wood<br>Add Earth |
| <b>James</b><br>(Dan's son)           | 2/6/92    | Monkey / Earth | 8        | A = SW<br>B = NW<br>C = W<br>D = NE | E = S<br>F = E<br>G = N<br>H = SE | Front = N<br>Bed = W | Add Earth             |
| <b>Cash</b><br>(Helena's son)         | 4/14/94   | Dog / Metal    | 6        | A = W<br>B = NE<br>C = SW<br>D = NW | E = SE<br>F = N<br>G = E<br>H = S | Front = N<br>Bed = E | Add Wood<br>Add Earth |
| <b>Candice</b><br>(Helena's daughter) | 7/22/99   | Rabbit / Earth | 5<br>(8) | A = SW<br>B = NW<br>C = W<br>D = NE | E = S<br>F = E<br>G = N<br>H = SE | Front = N<br>Bed = W | Add Earth             |

### East Life Group

| Name                            | Birthday | Sign         | # | Good                              | Bad                                 | Front Door / Bed     | Suggestions Given |
|---------------------------------|----------|--------------|---|-----------------------------------|-------------------------------------|----------------------|-------------------|
| <b>Dan</b><br>(husband)         | 9/18/70  | Dog / Wood   | 3 | A = S<br>B = N<br>C = SE<br>D = E | E = SW<br>F = NE<br>G = NW<br>H = W | Front = N<br>Bed = E |                   |
| <b>Rhys</b><br>(Dan's Daughter) | 7/14/95  | Boar / Water | 1 | A = SE<br>B = E<br>C = S<br>D = N | E = W<br>F = NW<br>G = NE<br>H = SW | Front = N<br>Bed = S |                   |

### 3) Family Member Astrological Similarities and Differences

The charts below show the primary astrological signs of each of the family members. A comparison of these elements among family members, as well as the qualities of cardinal, fixed and mutable show the similarities and the differences between family members. Often, with spouses, where one spouse is weak, the other is strong, balancing each other.

One's astrology is considered in my consultations when there are complicated problems in the family dynamics. It is used as another piece of information to help determination the best energy patterns for that family.

#### Dan

| Major Planets                              |           | Astrological Elements                 |   | Qualities                                |   |
|--------------------------------------------|-----------|---------------------------------------|---|------------------------------------------|---|
| <b>Sun</b><br><i>(individuality)</i>       | Virgo     | <b>Fire</b><br><i>(acts)</i>          | 1 | <b>Cardinal</b><br><i>(initiates)</i>    | 1 |
| <b>Rising</b><br><i>(temperamentality)</i> | Capricorn | <b>Air</b><br><i>(relates)</i>        | 1 | <b>Fixed</b><br><i>(establishes)</i>     | 5 |
| <b>Moon</b><br><i>(emotionality)</i>       | Taurus    | <b>Water</b><br><i>(feels)</i>        | 2 | <b>Mutable</b><br><i>(adapts/adopts)</i> | 6 |
|                                            |           | <b>Earth</b><br><i>(accomplishes)</i> | 8 |                                          |   |

Virgo/Taurus Astrological Type  
Wood – Chinese Element

### James

| Major Planets                       |          | Astrological Elements          |   | Qualities                         |   |
|-------------------------------------|----------|--------------------------------|---|-----------------------------------|---|
| Sun<br><i>(individuality)</i>       | Aquarius | Fire<br><i>(acts)</i>          | 0 | Cardinal<br><i>(initiates)</i>    | 4 |
| Rising<br><i>(temperamentality)</i> | Virgo    | Air<br><i>(relates)</i>        | 4 | Fixed<br><i>(establishes)</i>     | 5 |
| Moon<br><i>(emotionality)</i>       | Pisces   | Water<br><i>(feels)</i>        | 2 | Mutable<br><i>(adapts/adopts)</i> | 3 |
|                                     |          | Earth<br><i>(accomplishes)</i> | 6 |                                   |   |

Taurus / Libra (Venusian Astrological Type)  
Earth – Chinese Element

### Rhys

| Major Planets                       |          | Astrological Elements          |   | Qualities                         |   |
|-------------------------------------|----------|--------------------------------|---|-----------------------------------|---|
| Sun<br><i>(individuality)</i>       | Cancer   | Fire<br><i>(acts)</i>          | 1 | Cardinal<br><i>(initiates)</i>    | 6 |
| Rising<br><i>(temperamentality)</i> | Libra    | Air<br><i>(relates)</i>        | 3 | Fixed<br><i>(establishes)</i>     | 2 |
| Moon<br><i>(emotionality)</i>       | Aquarius | Water<br><i>(feels)</i>        | 5 | Mutable<br><i>(adapts/adopts)</i> | 4 |
|                                     |          | Earth<br><i>(accomplishes)</i> | 3 |                                   |   |

Cancer / Pisces Astrological Type  
Water – Chinese Element

### Cash

| Major Planets                       |           | Astrological Elements          |   | Qualities                         |   |
|-------------------------------------|-----------|--------------------------------|---|-----------------------------------|---|
| Sun<br><i>(individuality)</i>       | Aries     | Fire<br><i>(acts)</i>          | 2 | Cardinal<br><i>(initiates)</i>    | 5 |
| Rising<br><i>(temperamentality)</i> | Capricorn | Air<br><i>(relates)</i>        | 1 | Fixed<br><i>(establishes)</i>     | 4 |
| Moon<br><i>(emotionality)</i>       | Taurus    | Water<br><i>(feels)</i>        | 4 | Mutable<br><i>(adapts/adopts)</i> | 3 |
|                                     |           | Earth<br><i>(accomplishes)</i> | 5 |                                   |   |

Capricorn / Scorpio Astrological Type  
Metal – Chinese Element

## Candice

| Major Planets                              |         | Astrological Elements                 |   | Qualities                                |   |
|--------------------------------------------|---------|---------------------------------------|---|------------------------------------------|---|
| <b>Sun</b><br><i>(individuality)</i>       | Cancer  | <b>Fire</b><br><i>(acts)</i>          | 3 | <b>Cardinal</b><br><i>(initiates)</i>    | 2 |
| <b>Rising</b><br><i>(temperamentality)</i> | Cancer  | <b>Air</b><br><i>(relates)</i>        | 2 | <b>Fixed</b><br><i>(establishes)</i>     | 7 |
| <b>Moon</b><br><i>(emotionality)</i>       | Scorpio | <b>Water</b><br><i>(feels)</i>        | 4 | <b>Mutable</b><br><i>(adapts/adopts)</i> | 3 |
|                                            |         | <b>Earth</b><br><i>(accomplishes)</i> | 3 |                                          |   |

Scorpio Astrological Type  
Earth – Chinese Element

美

Chinese Symbol for "Aesthetic"

© 2015 Aesthetics Designer Consulting